



Above
The Line

by Dean Chicquette

ABOVE THE LINE

TRADING LIES FOR TRUTH IN CHRIST JESUS

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ABOVE THE LINE

TRADING LIES FOR TRUTH IN CHRIST JESUS

In a world flooded with fear, shame, and self-doubt, "Above the Line" offers a clear path to Biblical clarity and emotional healing. This 40-chapter devotional confronts the most common negative thoughts that plague the heart—each one paired with its life-giving counterpart rooted in the mind of Christ. With approximately ten Scriptures per chapter, readers are equipped to reject deception and instantly rise "Above the Line" into the truth. Whether you're battling anxiety, insecurity, or condemnation, this book is a daily invitation to think higher, live freer, and walk in the renewing power of God's Word.

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ANXIETY — PEACE**Philippians 4:6–7**

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.”

Isaiah 26:3

“The steadfast of mind You will keep in perfect peace, because he trusts in You.”

John 14:27

“Peace I leave with you, My peace I give to you; not as the world gives do I give to you.



Do not let your heart be troubled, nor let it be fearful.”

1 Peter 5:7

“Casting all your anxiety on Him, because He cares for you.”

Matthew 6:34

“So do not worry about tomorrow, for tomorrow will care for itself. Each day has enough trouble of its own.”

Psalms 94:19

“When my anxious thoughts multiply within me, Your consolations delight my soul.”

Colossians 3:15

“Let the peace of Christ rule in your hearts, to which indeed you were called in one body; and be thankful.”

ARROGANCE — HUMILITY**James 4:10**

“Humble yourselves before the Lord, and he will lift you up.”

Philippians 2:3

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves.”

1 Peter 5:5

“All of you, clothe yourselves with humility toward one another, because, ‘God opposes the proud but shows favor to the humble.’”

Proverbs 22:4

“Humility is the fear of the Lord; its wages are riches and honor and life.”

Micah 6:8

“He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.”

Matthew 11:29

“Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.”

Proverbs 11:2

“When pride comes, then comes disgrace, but with humility comes wisdom.”

Romans 12:16

“Live in harmony with one another. Do not be proud, but be willing to associate with people of low position. Do not be conceited.”

Ephesians 4:2

“Be completely humble and gentle; be patient, bearing with one another in love.”

Colossians 3:12

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

Proverbs 18:12

Arrogance — Humility

“Before a downfall the heart is haughty,
but humility comes before honor.”

1 Peter 3:8

“Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble.”

**BITTERNESS —
FORGIVENESS****Ephesians 4:32**

“Be kind to one another, compassionate, forgiving each other, just as God in Christ also has forgiven you.”

Colossians 3:13

“Bearing with one another, and forgiving each other, whoever has a complaint against anyone; just as the Lord forgave you, so must you do also.”

Matthew 6:14

“For if you forgive other people for their offenses, your heavenly Father will also forgive you.”

Mark 11:25

“And whenever you stand praying, forgive, if you have anything against anyone, so that your Father who is in heaven will also forgive you for your offenses.”

Psalm 86:5

“For You, Lord, are good, and ready to forgive, And abundant in mercy to all who call upon You.”

Luke 6:37

“Do not judge, and you will not be judged; and do not condemn, and you will not be condemned; pardon, and you will be pardoned.”

Psalm 32:5

“I acknowledged my sin to You, And I did not hide my guilt; I said, ‘I will confess my wrongdoings to the Lord’; And You forgave the guilt of my sin. Selah.”

Matthew 18:21–22

“Then Peter came up and said to Him, ‘Lord, how many times shall my brother sin against me and I still forgive him? Up to seven times?’ Jesus said to him, ‘I do not say to you, up to seven times, but up to seventy-seven times.’”

Micah 7:18

“Who is a God like You, who pardons

wrongdoing And passes over a rebellious act of the remnant of His possession? He does not retain His anger forever, Because He delights in mercy.”

Acts 13:38–39

“Therefore let it be known to you, brothers, that through Him forgiveness of sins is proclaimed to you, and through Him everyone who believes is freed from all things, from which you could not be freed through the Law of Moses.”

COWARDLY — COURAGE

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Joshua 1:9

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.”

Isaiah 41:10

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

Psalms 27:1

“The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?”

2 Timothy 1:7

“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”

Deuteronomy 31:6

“Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.”

1 Corinthians 16:13

“Be on your guard; stand firm in the faith; be courageous; be strong.”

Psalms 56:3

“When I am afraid, I put my trust in you.”

Isaiah 43:2

“When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you.”

Hebrews 13:6

“So we say with confidence, ‘The Lord is my helper; I will not be afraid. What can mere mortals do to me?’”

CRUELTY — KINDNESS**Ephesians 4:32**

“Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.”

Colossians 3:12

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

Galatians 5:22

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness.”

Proverbs 11:17

“Those who are kind benefit themselves, but the cruel bring ruin on themselves.”

Luke 6:35

“But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great...”

Titus 3:4-5

“But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy.”

Romans 12:10

“Be devoted to one another in love. Honor one another above yourselves.”

1 Thessalonians 5:15

“Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.”

Proverbs 31:26

“She opens her mouth with wisdom, and the teaching of kindness is on her tongue.”

1 Peter 3:9

“Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing...”

1 John 3:18

Cruelty — Kindness

“Dear children, let us not love with words or speech but with actions and in truth.”

Galatians 6:10

“Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.”

DEFEATED — CONQUEROR**Romans 8:37**

“No, in all these things we are more than conquerors through him who loved us.”

1 John 5:4

“For everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith.”

Philippians 4:13

“I can do all this through him who gives me strength.”

2 Corinthians 2:14

“But thanks be to God, who always leads us as captives in Christ’s triumphal proces-

sion and uses us to spread the aroma of the knowledge of him everywhere.”

Revelation 3:21

“To the one who conquers, I will grant the right to sit with me on my throne, just as I also conquered and sat down with my Father on his throne.”

Ephesians 6:10

“Finally, be strong in the Lord and in his mighty power.”

Isaiah 40:31

“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

2 Timothy 1:7

“For God gave us a spirit not of fear but of power and love and self-control.”

Revelation 12:11

“They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death.”

2 Corinthians 10:4

“The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.”

DISPAIR — HOPE**Romans 15:13**

“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

Jeremiah 29:11

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Isaiah 40:31

“But those who hope in the Lord will renew their strength. They will soar on

wings like eagles; they will run and not grow weary, they will walk and not be faint.”

Romans 5:3–5

“Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame...”

Hebrews 11:1

“Now faith is confidence in what we hope for and assurance about what we do not see.”

Psalms 33:22

“May your unfailing love be with us, Lord, even as we put our hope in you.”

Micah 7:7

“But as for me, I watch in hope for the Lord, I wait for God my Savior; my God will hear me.”

Romans 8:24–25

“For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? But if we hope for what we do not yet have, we wait for it patiently.”

1 Peter 1:3

“Praise be to the God and Father of our

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Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.”

**DISTRUSTFUL —
FAITHFULLNESS****I Corinthians 1:9**

“God is faithful, who has called you into fellowship with his Son, Jesus Christ our Lord.”

Deuteronomy 7:9

“Know therefore that the Lord your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commandments.”

Lamentations 3:22–23

“Because of the Lord’s great love we are not consumed, for his compassions never

fail. They are new every morning; great is your faithfulness.”

Psalm 36:5

“Your love, Lord, reaches to the heavens, your faithfulness to the skies.”

Psalm 89:8

“O Lord God Almighty, who is like you? You are mighty, Lord, and your faithfulness surrounds you.”

Psalm 33:4

“For the word of the Lord holds true, and we can trust everything he does.”

Psalm 145:13

“The Lord is faithful in all his words and kind in all his works.”

Psalm 119:90

“Your faithfulness endures to all generations; you have established the earth, and it stands fast.”

Proverbs 3:5

“Trust in the Lord with all your heart, and do not lean on your own understanding.”

Jeremiah 17:7

“Blessed is the man who trusts in the Lord, whose trust is the Lord.”

Psalm 28:7

“The Lord is my strength and my shield;
in him my heart trusts, and I am helped.”

Proverbs 28:20

“A faithful man will abound with blessings,
but whoever hastens to be rich will not
go unpunished.”

Proverbs 11:3

“The integrity of the upright guides
them, but the crookedness of the treacherous
destroys them.”

Numbers 23:19

“God is not man, that he should lie, or a
son of man, that he should change his mind.
Has he said, and will he not do it? Or has he
spoken, and will he not fulfill it?”

EVIL — GOODNESS**Galatians 5:22–23**

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.”

Psalm 23:6

“Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.”

Romans 12:21

“Do not be overcome by evil, but overcome evil with good.”

Ephesians 5:9

“For the fruit of the light consists in all goodness, righteousness and truth.”

Psalm 145:9

“The Lord is good to all; he has compassion on all he has made.”

Romans 15:14

“I myself am convinced, my brothers and sisters, that you yourselves are full of goodness, filled with knowledge and competent to instruct one another.”

2 Peter 1:5

“Make every effort to add to your faith goodness; and to goodness, knowledge.”

Psalm 27:13

“I remain confident of this: I will see the goodness of the Lord in the land of the living.”

Luke 6:35

“Love your enemies, do good to them... and you will be children of the Most High.”

**FAVORITISM —
UNCONDITIONAL LOVE**

John 3:16:

“For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.”

Romans 5:8:

“But God shows his love for us in that while we were still sinners, Christ died for us.”

Romans 8:38-39:

“For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us

from the love of God that is in Christ Jesus our Lord.”

Jeremiah 31:3:

“The Lord appeared to us in the past, saying: ‘I have loved you with an everlasting love; I have drawn you with unfailing kindness.’”

1 John 4:19:

“We love because he first loved us.”

1 John 4:16:

“So we know and rely on the love God has for us.”

1 Corinthians 13:13:

“And now these three remain: faith, hope, and love. But the greatest of these is love,”.

FOLLY — UNDERSTANDING**Proverbs 4:7**

“The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding.”

Proverbs 3:5

“Trust in the Lord with all your heart and lean not on your own understanding.”

Psalm 119:130

“The unfolding of your words gives light; it gives understanding to the simple.”

Colossians 1:9

“We continually ask God to fill you with the knowledge of his will through all the

wisdom and understanding that the Spirit gives.”

Isaiah 40:28

“Do you not know? Have you not heard? The Lord is the everlasting God... and his understanding no one can fathom.”

Philippians 4:7

“And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

1 John 5:20

“We know also that the Son of God has come and has given us understanding, so that we may know him who is true.”

Proverbs 2:3

“Indeed, if you call out for insight and cry aloud for understanding...”

FOOLISHNESS — WISDOM

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James 1:5

“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.”

Proverbs 2:6

“For the Lord gives wisdom; from his mouth come knowledge and understanding.”

Proverbs 4:7

“The beginning of wisdom is this: Get wisdom. Though it cost all you have, get understanding.”

Proverbs 16:16

“How much better to get wisdom than gold, to get insight rather than silver!”

Proverbs 11:2

“When pride comes, then comes disgrace, but with humility comes wisdom.”

Proverbs 19:8

“The one who gets wisdom loves life; the one who cherishes understanding will soon prosper.”

James 3:17

“But the wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere.”

Ephesians 1:17

“I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better.”

Colossians 4:5–6

“Be wise in the way you act toward outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.”

Psalms 90:12

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“Teach us to number our days, that we may gain a heart of wisdom.”

Proverbs 1:7

“The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.”

Isaiah 55:8

“For my thoughts are not your thoughts, neither are your ways my ways,’ declares the Lord.”

GIVE UP — ENDURANCE

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Hebrews 12:1-2

“Let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith.”

James 1:12

“Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.”

Romans 5:3-4

“We rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope.”

Galatians 6:9

“Let us not grow weary of doing good, for in due season we will reap, if we do not give up.”

2 Timothy 2:12

“If we endure, we will also reign with him; if we deny him, he also will deny us.”

Isaiah 40:31

“But those who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”

Colossians 1:11

“May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy.”

Revelation 2:10

“Be faithful unto death, and I will give you the crown of life.”

2 Thessalonians 3:13

“As for you, brothers, do not grow weary in doing good.”

Matthew 24:13

“But the one who endures to the end will be saved.”

HATE — LOVE

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1 John 4:7-8

“Beloved, let us love one another, for love is from God, and whoever loves has been born of God and knows God. Anyone who does not love does not know God, because God is love.”

Romans 5:8

“But God shows his love for us in that while we were still sinners, Christ died for us.”

John 15:13

“Greater love has no one than this, that someone lay down his life for his friends.”

1 Corinthians 13:4-7

“Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful... Love bears all things, believes all things, hopes all things, endures all things.”

Colossians 3:14

“And above all these put on love, which binds everything together in perfect harmony.”

1 Peter 4:8

“Above all, keep loving one another earnestly, since love covers a multitude of sins.”

Deuteronomy 6:5

“You shall love the Lord your God with all your heart and with all your soul and with all your might.”

Matthew 22:37–39

“You shall love the Lord your God with all your heart and with all your soul and with all your mind... You shall love your neighbor as yourself.”

John 13:34–35

“A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another.”

Ephesians 3:17-19

“...that you, being rooted and grounded in love, may have strength to comprehend... what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge...”

**IGNORANT —
DISCERNMENT****Romans 12:2**

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

Philippians 1:9–10

“And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ.”

Hebrews 5:14

“But solid food is for the mature, who by

constant use have trained themselves to distinguish good from evil.”

1 Kings 3:9

“So give your servant a discerning heart to govern your people and to distinguish between right and wrong.”

1 John 4:1

“Dear friends, do not believe every spirit, but test the spirits to see whether they are from God.”

James 1:5

“If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.”

Proverbs 3:5–6

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

John 7:24

“Stop judging by mere appearances, but instead judge correctly.”

Colossians 1:9

“We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives.”

IMPATIENCE — PATIENCE

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Romans 2:4:

“Or do you despise the riches of his kindness and forbearance and patience, not knowing that God’s kindness is meant to lead you to repentance?”

Psalms 86:15:

“But you, O Lord, are a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.”

Colossians 1:11:

“May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy,”

Galatians 6:9:

“And let us not grow weary of doing good, for in due season we will reap, if we do not give up.”

Hebrews 10:36:

“For you have need of endurance, so that when you have done the will of God you may receive what is promised.”

James 1:12:

“Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him.”

Isaiah 40:31:

“But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.”

Psalms 27:14:

“Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!”

INABILITY — POWER**Ephesians 6:10**

“Finally, be strong in the Lord and in his mighty power.”

2 Corinthians 12:9

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.”

Romans 1:16

“For I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes.”

Colossians 1:11

“Being strengthened with all power according to his glorious might so that you may have great endurance and patience.”

Ephesians 3:20

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us.”

Philippians 3:10

“I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death.”

I Corinthians 2:5

“So that your faith might not rest on human wisdom, but on God’s power.”

Psalms 68:28

“Summon your power, God; show us your strength, our God, as you have done before.”

Zechariah 4:6

“‘Not by might nor by power, but by my Spirit,’ says the Lord Almighty.”

**INADEQUACY —
ADEQUACY****2 Corinthians 3:5**

“Not that we are competent in ourselves to claim anything for ourselves, but our competence comes from God.”

Philippians 4:13

“I can do all this through him who gives me strength.”

2 Corinthians 12:9

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.”

Hebrews 13:21

“Equip you with everything good for doing his will, and may he work in us what is pleasing to him, through Jesus Christ, to whom be glory for ever and ever. Amen.”

Romans 12:6

“We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith.”

1 Peter 4:10

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”

2 Timothy 1:7

“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”

Galatians 2:20

“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”

Ephesians 2:10

“For we are God’s handiwork, created in

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Christ Jesus to do good works, which God prepared in advance for us to do.”

Isaiah 40:29

“He gives strength to the weary and increases the power of the weak.”

**INCOMPLETE —
PERFECTION**

Matthew 5:48

“Be perfect, therefore, as your heavenly Father is perfect.”

James 1:4

“Let perseverance finish its work so that you may be mature and complete, not lacking anything.”

Philippians 3:12

“Not that I have already obtained all this... but I press on to take hold of that for which Christ Jesus took hold of me.”

Hebrews 10:14

“For by one sacrifice he has made perfect forever those who are being made holy.”

Colossians 3:14

“And over all these virtues put on love, which binds them all together in perfect unity.”

Romans 12:2

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind... his good, pleasing and perfect will.”

Psalms 18:30

“As for God, his way is perfect: The Lord’s word is flawless; he shields all who take refuge in him.”

Hebrews 12:2

“Fixing our eyes on Jesus, the pioneer and perfecter of faith...”

1 Peter 5:10

“...will himself restore you and make you strong, firm and steadfast.”

2 Corinthians 12:9

“My grace is sufficient for you, for my power is made perfect in weakness.”

INDIFFERENCE — COMPASSION

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Colossians 3:12

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

Psalm 103:13

“As a father has compassion on his children, so the Lord has compassion on those who fear him.”

Lamentations 3:22–23

“Because of the Lord’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.”

Isaiah 30:18

“Yet the Lord longs to be gracious to you; therefore he will rise up to show you compassion.”

2 Corinthians 1:3–4

“Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort...”

James 5:11

“The Lord is full of compassion and mercy.”

Micah 7:19

“You will again have compassion on us; you will tread our sins underfoot and hurl all our iniquities into the depths of the sea.”

Romans 12:15

“Rejoice with those who rejoice; mourn with those who mourn.”

1 Peter 3:8

“Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble.”

INDEPENDENCE — CHRIST- CONTROL

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Romans 8:28:

“And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.”

Ephesians 1:11:

“Also we have obtained an inheritance in Him, having been predestined according to the purpose of Him who works all things according to the counsel of His will,”

Psalms 103:19:

“The Lord has established His throne in the heavens, and His sovereignty rules over all.”

John 14:26: “But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all that I said to you.”

Acts 1:8: “But you will receive power when the Holy Spirit has come upon you; and you shall be My witnesses both in Jerusalem and in all Judea and Samaria, and even to the remotest part of the earth.”

Romans 8:14: “For all who are being led by the Spirit of God, these are sons of God.”

John 15:5: “I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do nothing.”

Philippians 4:13: “I can do all things through Him who strengthens me.”

Galatians 2:20: “I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself up for me.”

INVALUABLE — WORTH**Genesis 1:27**

“So God created mankind in his own image, in the image of God he created them; male and female he created them.”

Psalm 139:14

“I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.”

Isaiah 43:7

“Everyone who is called by my name, whom I created for my glory, whom I formed and made.”

Jeremiah 1:5

“Before I formed you in the womb I knew

you, before you were born I set you apart; I appointed you as a prophet to the nations.”

Matthew 6:26

“Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”

1 Corinthians 6:19–20

“Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies.”

Ephesians 2:10

“For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.”

Mark 12:30

“Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.”

1 Peter 1:18–19

“For you know that it was not with perishable things such as silver or gold that you were redeemed... but with the precious blood of Christ, a lamb without blemish or defect.”

Romans 8:16–17

“The Spirit himself testifies with our spirit that we are God’s children. Now if we are children, then we are heirs—heirs of God and co-heirs with Christ...”

Matthew 10:29–31

“Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father’s care... So don’t be afraid; you are worth more than many sparrows.”

LACK OF TRUST — SECURITY

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Psalm 91:1-2:

“He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, ‘My refuge and my fortress, my God, in whom I trust.’”

Psalm 91:4:

“He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler.”

Psalm 23:4:

“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”

Isaiah 41:10:

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

Psalms 121:7-8:

“The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore.”

Psalms 18:2:

“The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold.”

Psalms 46:1:

“God is our refuge and strength, a very present help in trouble.”

2 Thessalonians 3:3:

“But the Lord is faithful, and he will strengthen you and protect you from the evil one.”

**LAWLESSNESS —
GODLINESS**

1 Timothy 4:7-8

“Train yourself to be godly. For physical training is of some value, but godliness has value for all things...”

2 Peter 1:3

“His divine power has given us everything we need for a godly life through our knowledge of him...”

Titus 2:12

“It teaches us to say ‘No’ to ungodliness and worldly passions, and to live self-controlled, upright and godly lives...”

1 Timothy 6:6

“But godliness with contentment is great gain.”

2 Corinthians 7:1

“Let us cleanse ourselves from every defilement... bringing holiness to completion in the fear of God.”

1 Peter 1:15–16

“But just as he who called you is holy, so be holy in all you do; for it is written: ‘Be holy, because I am holy.’”

Romans 12:1

“Offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.”

2 Timothy 3:12

“In fact, everyone who wants to live a godly life in Christ Jesus will be persecuted.”

LOSER — VICTORY

1 Corinthians 15:57:

“But thanks be to God, who gives us the victory through our Lord Jesus Christ.”

Romans 8:37:

“No, in all these things we are more than conquerors through him who loved us.”

Deuteronomy 20:4:

“For the Lord your God is he who goes with you to fight for you against your enemies, to give you the victory.”

Psalms 149:4:

“For the Lord takes delight in his people; he crowns the humble with victory.”

1 John 5:4:

“For everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith.”

Zephaniah 3:17:

“The Lord your God is with you, the Mighty Warrior who saves. He will take great delight in you; in his love he will no longer rebuke you, but will rejoice over you with singing.”

Proverbs 21:31:

“The horse is made ready for the day of battle, but the victory belongs to the Lord.”

John 16:33:

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”

MEANNESS — GENTLENESS

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Philippians 4:5

“Let your gentleness be evident to all.
The Lord is near.”

Colossians 3:12

“Clothe yourselves with compassion,
kindness, humility, gentleness and patience.”

Proverbs 15:1

“A gentle answer turns away wrath, but a
harsh word stirs up anger.”

Matthew 11:29

“Take my yoke upon you and learn from
me, for I am gentle and humble in heart, and
you will find rest for your souls.”

Galatians 5:23

“Gentleness and self-control. Against such things there is no law.”

Titus 3:2

“To slander no one, to be peaceable and considerate, and always to be gentle toward everyone.”

1 Peter 3:15

“But do this with gentleness and respect...”

2 Timothy 2:24

“The Lord’s servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful.”

1 Peter 3:4

“The unfading beauty of a gentle and quiet spirit, which is of great worth in God’s sight.”

MURDEROUS — LIFE GIVING

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Genesis 2:7

“Then the Lord God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature.”

John 6:63

“It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.”

Ezekiel 37:5

“Thus says the Lord God to these bones: Behold, I will cause breath to enter you, and you shall live.”

Proverbs 15:4

“A gentle tongue is a tree of life, but perverseness in it breaks the spirit.”

Psalm 36:9

“For with you is the fountain of life; in your light do we see light.”

John 4:14

“Whoever drinks of the water that I will give him will never be thirsty again. The water that I will give him will become in him a spring of water welling up to eternal life.”

Romans 8:11

“If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus will also give life to your mortal bodies through his Spirit who dwells in you.”

2 Corinthians 3:6

“The letter kills, but the Spirit gives life.”

Psalm 119:50

“This is my comfort in my affliction, that your promise gives me life.”

Revelation 22:1

“Then the angel showed me the river of the water of life, bright as crystal, flowing from the throne of God and of the Lamb.”

NEEDY — COMPLETE

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Genesis 2:1

“Thus the heavens and the earth were completed, and all their hosts.”

Genesis 17:1

“I am God Almighty; walk before Me, and be complete.”

Luke 14:28

“For which of you, when he wants to build a tower, does not first sit down and calculate the cost to see if he has enough to complete it?”

John 15:11

“These things I have spoken to you so

that My joy may be in you, and that your joy may be made complete.”

John 16:24

“Until now you have asked for nothing in My name; ask and you will receive, so that your joy may be made complete.”

1 John 4:12

“No one has ever seen God; if we love one another, God remains in us, and His love is perfected in us.” (*Some translations: “made complete in us”*)

Colossians 2:10

“And in Him you have been made complete, and He is the head over every ruler and authority.”

Philippians 1:6

“For I am confident of this very thing, that He who began a good work among you will complete it by the day of Christ Jesus.”

2 Timothy 3:17

“So that the man of God may be complete, equipped for every good work.”

Hebrews 13:21

“Equip you in every good thing to do His will, working in us that which is pleasing in His sight, through Jesus Christ...”

**PRIDE — CHRIST-
CONFIDENCE**

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2 Timothy 1:7:

“For God has not given us a spirit of fear, but of power and of love and of a sound mind,”

Philippians 4:13:

“I can do all things through Christ who strengthens me,”.

Hebrews 13:6:

“So we can confidently say, “The Lord is my helper; I will not fear; what can man do to me?”.

Jeremiah 17:7:

“Blessed is the man who trusts in the Lord, whose trust is the Lord,”.

1 John 3:21-22:

“Beloved, if our heart does not condemn us, we have confidence before God; and whatever we ask we receive from him, because we keep his commandments and do what pleases him.”

QUITTING — PERSISTENCE

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Romans 5:3-4

“We also exult in our tribulations, knowing that tribulation brings about perseverance; and perseverance, proven character; and proven character, hope.”

James 1:12

“Blessed is a man who perseveres under trial; for once he has been approved, he will receive the crown of life which the Lord has promised to those who love Him.”

Galatians 6:9

“Let us not lose heart in doing good, for in due time we will reap if we do not grow weary.”

Ephesians 6:18

“With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints.”

2 Thessalonians 3:13

“But as for you, brethren, do not grow weary of doing good.”

2 Peter 1:5–6

“Now for this very reason also, applying all diligence, in your faith supply moral excellence... and in your self-control, perseverance; and in your perseverance, godliness.”

2 Timothy 2:12

“If we endure, we will also reign with Him; if we deny Him, He also will deny us.”

Hebrews 10:36

“For you have need of endurance, so that when you have done the will of God, you may receive what was promised.”

Hebrews 12:1

“Let us run with endurance the race that is set before us.”

Philippians 3:14

“I press on toward the goal for the prize of the upward call of God in Christ Jesus.”

REJECTION — ACCEPTANCE

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Romans 15:7

“Accept one another, then, just as Christ accepted you, in order to bring praise to God.”

Galatians 3:28

“There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.”

Romans 14:1

“Accept the one whose faith is weak, without quarreling over disputable matters.”

John 6:37

“All those the Father gives me will come

to me, and whoever comes to me I will never drive away.”

Colossians 3:12–14

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another... And over all these virtues put on love, which binds them all together in perfect unity.”

James 2:1

“My brothers and sisters, believers in our glorious Lord Jesus Christ must not show favoritism.”

Ephesians 4:2–3

“Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace.”

Acts 10:34–35

“God does not show favoritism but accepts from every nation the one who fears him and does what is right.”

SADDNESS — JOY

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Philippians 4:4

“Rejoice in the Lord always. I will say it again: Rejoice!”

Romans 12:12

“Be joyful in hope, patient in affliction, faithful in prayer.”

John 15:11

“I have told you this so that my joy may be in you and that your joy may be complete.”

Nehemiah 8:10

“Do not grieve, for the joy of the Lord is your strength.”

Psalms 16:11

“You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.”

Galatians 5:22

“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness...”

James 1:2–3

“Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance.”

Isaiah 61:10

“I delight greatly in the Lord; my soul rejoices in my God. For he has clothed me with garments of salvation...”

Psalms 118:24

“This is the day that the Lord has made; let us rejoice and be glad in it.”

1 Peter 1:8–9

“Though you have not seen him, you love him... you are filled with an inexpressible and glorious joy, for you are receiving the end result of your faith, the salvation of your souls.”

SELFLESSNESS — GIVER

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Philippians 2:3-4

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.”

John 15:13

“Greater love has no one than this: to lay down one’s life for one’s friends.”

Matthew 20:28

“Just as the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many.”

Galatians 6:2

“Bear one another’s burdens, and so fulfill the law of Christ.”

Luke 6:35

“But love your enemies, do good to them, and lend to them without expecting to get anything back. Then your reward will be great, and you will be children of the Most High, because He is kind to the ungrateful and wicked.”

1 Corinthians 10:24

“No one should seek their own good, but the good of others.”

1 Peter 3:8

“Finally, all of you, be like-minded, be sympathetic, love one another, be compassionate and humble.”

1 Thessalonians 5:15

“Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else.”

Mark 12:31

“The second is this: ‘Love your neighbor as yourself.’ There is no commandment greater than these.”

James 3:16

ABOVE THE LINE

“For where you have envy and selfish ambition, there you find disorder and every evil practice.”r theme like humility or generosity?

SLAVERY — FREEDOM**Galatians 5:1**

“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

2 Corinthians 3:17

“Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.”

John 8:36

“So if the Son sets you free, you will be free indeed.”

Romans 8:1–2

“Therefore, there is now no condemnation for those who are in Christ Jesus, be-

cause through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.”

Psalm 119:45

“I will walk about in freedom, for I have sought out your precepts.”

1 Peter 2:16

“Live as free people, but do not use your freedom as a cover-up for evil; live as God’s slaves.”

Isaiah 61:1

“The Spirit of the Sovereign Lord is on me... to proclaim freedom for the captives and release from darkness for the prisoners.”

Romans 6:22

“But now that you have been set free from sin and have become slaves of God, the benefit you reap leads to holiness, and the result is eternal life.”

SORROW — COMFORT AND PEACE

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2 Corinthians 1:3–4

“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.”

Psalm 23:4

“Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.”

Matthew 11:28–30

“Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.”

Isaiah 41:10

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

Psalms 34:18

“The Lord is near to the brokenhearted and saves the crushed in spirit.”

Romans 8:26–28

“The Spirit helps us in our weakness... And we know that for those who love God all things work together for good.”

John 14:27

“Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.”

Philippians 4:6–7

“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God... will

guard your hearts and your minds in Christ Jesus.”

Psalm 119:76

“Let your steadfast love comfort me according to your promise to your servant.”

Matthew 5:4

“Blessed are those who mourn, for they shall be comforted.”

STRAY — WAY**Proverbs 3:5–6**

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

Psalm 25:4–5

“Show me your ways, Lord, teach me your paths. Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long.”

Isaiah 30:21

“Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, ‘This is the way; walk in it.’”

Psalm 119:105

“Your word is a lamp for my feet, a light on my path.”

Isaiah 55:8–9

“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord. “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.”

Jeremiah 29:11

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Psalm 37:5

“Commit your way to the Lord; trust in him and he will do this.”

Micah 6:8

“He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.”

John 14:6

“Jesus answered, ‘I am the way and the truth and the life. No one comes to the Father except through me.’”

Deuteronomy 5:33

ABOVE THE LINE

“Walk in obedience to all that the Lord your God has commanded you, so that you may live and prosper and prolong your days in the land that you will possess.”

STRIVING — REST**Matthew 11:28**

“Come to me, all you who are weary and burdened, and I will give you rest.”

Psalm 4:8

“In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety.”

Hebrews 4:9–11

“There remains, then, a Sabbath-rest for the people of God; for anyone who enters God’s rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.”

Psalm 127:2

“In vain you rise early and stay up late, toiling for food to eat— for he grants sleep to those he loves.”

Isaiah 26:3

“You will keep in perfect peace those whose minds are steadfast, because they trust in you.”

Psalm 62:1

“Truly my soul finds rest in God; my salvation comes from him.”

Jeremiah 6:16

“This is what the Lord says: ‘Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls.’”

Psalm 23:1–2

“The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters.”

Genesis 2:2–3

“By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.”

Exodus 20:8–10

“Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the LORD your God. On it you shall not do any work...”

TIMIDITY — BOLDNESS**Proverbs 28:1**

“The wicked flee though no one pursues,
but the righteous are as bold as a lion.”

Acts 4:29

“Now, Lord, consider their threats and
enable your servants to speak your word
with great boldness.”

Acts 4:31

“After they prayed, the place where they
were meeting was shaken. And they were all
filled with the Holy Spirit and spoke the
word of God boldly.”

Ephesians 6:19–20

“Pray also for me, that whenever I speak,

words may be given me so that I will fearlessly make known the mystery of the gospel... that I may declare it fearlessly, as I should.”

Hebrews 4:16

“Let us then approach God’s throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.”

2 Timothy 1:7

“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”

Philippians 1:20

“I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death.”

Acts 28:31

“He proclaimed the kingdom of God and taught about the Lord Jesus Christ—with all boldness and without hindrance!”

2 Corinthians 3:12

“Therefore, since we have such a hope, we are very bold.”

WEAKNESS — STRENGTH**Philippians 4:13**

“I can do all this through him who gives me strength.”

2 Corinthians 12:9

“My grace is sufficient for you, for my power is made perfect in weakness.”

Psalms 46:1

“God is our refuge and strength, an ever-present help in trouble.”

Psalms 18:32

“It is God who arms me with strength and keeps my way secure.”

Isaiah 40:29

“He gives strength to the weary and increases the power of the weak.”

Psalm 73:26

“My flesh and my heart may fail, but God is the strength of my heart and my portion forever.”

2 Corinthians 12:10

“For when I am weak, then I am strong.”

Exodus 15:2

“The Lord is my strength and my defense; he has become my salvation.”

Deuteronomy 31:6

“Be strong and courageous... the Lord your God goes with you; he will never leave you nor forsake you.”

Matthew 11:28

“Come to me, all you who are weary and burdened, and I will give you rest.”

Psalm 34:17

“The righteous cry out, and the Lord hears them; he delivers them from all their troubles.”

James 5:16

“The prayer of a righteous person is powerful and effective.”

Romans 12:12

“Be joyful in hope, patient in affliction, faithful in prayer.”

1 Thessalonians 5:17

ABOVE THE LINE

“Pray continually.”

WICKEDNESS — RIGHTEOUSNESS

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Matthew 5:6

“Blessed are those who hunger and thirst for righteousness, for they will be filled.”

2 Corinthians 5:21

“God made him who had no sin to be sin for us, so that in him we might become the righteousness of God.”

Proverbs 21:3

“To do what is right and just is more acceptable to the Lord than sacrifice.”

Psalms 106:3

“Blessed are those who act justly, who always do what is right.”

Isaiah 54:14

“In righteousness you will be established: tyranny will be far from you; you will have nothing to fear.”

Philippians 1:11

“Filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.”

Romans 6:13

“Offer every part of yourself to him as an instrument of righteousness.”

Proverbs 21:21

“Whoever pursues righteousness and love finds life, prosperity and honor.”

Psalms 34:15

“The eyes of the Lord are on the righteous, and his ears are attentive to their cry.”